

## Weekly Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	<p><b>AM:</b> english muffin or bagel w/jelly</p> <p><b>L:</b> bbq grilled chicken, brown roasted potatoes, vegetable, fruit, milk</p> <p><b>PM:</b> fresh seasonal fruit or vegetable</p>	<p><b>AM:</b> all natural yogurt</p> <p><b>L:</b> pasta broccoli with mozzarella cheese, fruit, milk</p> <p><b>PM:</b> animal crackers</p>	<p><b>AM:</b> bagel w/cream chs.</p> <p><b>L:</b> chef's choice pizza, fruit, vegetable, milk</p> <p><b>PM:</b> whole wheat cinnamon graham crackers</p>	<p><b>AM:</b> whole grain apple cinnamon muffin</p> <p><b>L:</b> turkey taco w/lettuce, tomato, &amp; cheddar cheese on tortilla, fruit, milk</p> <p><b>PM:</b> fresh fruit or fresh vegetable with dip</p>	<p><b>AM:</b> fresh seasonal fruit</p> <p><b>L:</b> homemade mac &amp; cheese, vegetable, fruit, milk</p> <p><b>PM:</b> chef's choice healthy snack</p>
<b>Week 2</b>	<p><b>AM:</b> fresh seasonal fruit</p> <p><b>L:</b> open face grd. turkey sloppy joes on wheat bread, vegetable, fruit, milk</p> <p><b>PM:</b> graham crackers</p>	<p><b>AM:</b> all natural yogurt</p> <p><b>L:</b> chef's choice pizza, fruit, vegetable, milk</p> <p><b>PM:</b> blueberry muffin</p>	<p><b>AM:</b> graham crackers</p> <p><b>L:</b> pancakes, turkey breakfast sausage, fruit, milk</p> <p><b>PM:</b> whole wheat crackers with jelly or hummus</p>	<p><b>AM:</b> healthy trail mix</p> <p><b>L:</b> cheddar grilled cheese sandwich on whole wheat bread, tomato soup, fruit, milk</p> <p><b>PM:</b> chef's choice healthy snack</p>	<p><b>AM:</b> English muffin w/jelly</p> <p><b>L:</b> ground turkey goulash, vegetable, fruit, milk</p> <p><b>PM:</b> fresh seasonal fruit or vegetable</p>
<b>Week 3</b>	<p><b>AM:</b> fresh seasonal fruit</p> <p><b>L:</b> homemade mac &amp; cheese, vegetable, fruit, milk</p> <p><b>PM:</b> fresh vegetable with dip</p>	<p><b>AM:</b> healthy trail mix</p> <p><b>L:</b> grilled chicken with rice pilaf, vegetable, fruit, milk</p> <p><b>PM:</b> whole wheat cinnamon graham crackers</p>	<p><b>AM:</b> all natural yogurt</p> <p><b>L:</b> pasta broccoli with mozzarella cheese, fruit, milk</p> <p><b>PM:</b> chef's choice healthy snack</p>	<p><b>AM:</b> graham crackers</p> <p><b>L:</b> pancakes, turkey breakfast sausage, fruit, milk</p> <p><b>PM:</b> fresh seasonal fruit or vegetables</p>	<p><b>AM:</b> bagel w/cream chs.</p> <p><b>L:</b> chef's choice pizza with fruit, vegetable, milk</p> <p><b>PM:</b> whole wheat crackers w/cheddar cheese</p>
<b>Week 4</b>	<p><b>AM:</b> fresh seasonal fruit</p> <p><b>L:</b> waffles, turkey breakfast sausage, fruit, milk</p> <p><b>PM:</b> animal crackers</p>	<p><b>AM:</b> all natural yogurt</p> <p><b>L:</b> ricotta cheese ravioli with tomato sauce, vegetable, fruit, milk</p> <p><b>PM:</b> fresh fruit or fresh vegetables</p>	<p><b>AM:</b> healthy trail mix</p> <p><b>L:</b> bbq grilled chicken, brown roasted potatoes, vegetable, fruit, milk</p> <p><b>PM:</b> chef's choice healthy snack</p>	<p><b>AM:</b> fresh seasonal fruit</p> <p><b>L:</b> chef's choice pizza, vegetable, fruit, milk</p> <p><b>PM:</b> goldfish</p>	<p><b>AM:</b> english muffin w/jelly</p> <p><b>L:</b> cheese quesadilla, tomato soup, vegetable fruit, milk</p> <p><b>PM:</b> blueberry muffin</p>
<b>Week 5</b>	<p><b>AM:</b> all natural yogurt</p> <p><b>L:</b> homemade mac n'cheese, vegetable, fruit, milk</p> <p><b>PM:</b> whole wheat crackers with jelly or hummus</p>	<p><b>AM:</b> fresh seasonal fruit</p> <p><b>L:</b> turkey taco w/lettuce, tomato &amp; cheddar cheese on tortilla, fruit, milk</p> <p><b>PM:</b> graham crackers</p>	<p><b>AM:</b> whole grain apple cinnamon muffin</p> <p><b>L:</b> chef's choice pizza, vegetable, fruit, milk</p> <p><b>PM:</b> fresh vegetable with dip</p>	<p><b>AM:</b> graham crackers</p> <p><b>L:</b> oven roasted turkey, rice pilaf, vegetable, fruit, milk</p> <p><b>PM:</b> goldfish</p>	<p><b>AM:</b> fresh seasonal fruit</p> <p><b>L:</b> pasta broccoli with mozzarella cheese, fruit, milk</p> <p><b>PM:</b> chef's choice healthy snack</p>
<b>Week 6</b>	<p><b>AM:</b> all natural yogurt</p> <p><b>L:</b> opened faced grd. turkey sloppy joes on wheat bread, vegetable, fruit, milk</p> <p><b>PM:</b> goldfish</p>	<p><b>AM:</b> healthy trail mix</p> <p><b>L:</b> cheddar grilled cheese sandwich on whole wheat bread, tomato soup, fruit, milk</p> <p><b>PM:</b> fresh seasonal fruit or vegetable</p>	<p><b>AM:</b> fresh seasonal fruit</p> <p><b>L:</b> ricotta cheese ravioli with tomato sauce, vegetable, fruit, milk</p> <p><b>PM:</b> chef's choice healthy snack</p>	<p><b>AM:</b> applesauce</p> <p><b>L:</b> ground turkey goulash, vegetable, fruit, milk</p> <p><b>PM:</b> graham crackers</p>	<p><b>AM:</b> bagel w/cream chs.</p> <p><b>L:</b> waffles, turkey breakfast sausage, fruit, milk</p> <p><b>PM:</b> fresh vegetable with dip</p>

Revised 2.1.18

### Menu Subject to Change – Rotating 6-Week Menu

Daily drinking water provided by classroom staff.

Please note: AM is morning snack, L is lunch, and PM is afternoon snack.



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